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DOC-SPEAK
TRANSLATED INTO
ICD-10

MAY 3, 2014

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EMBRACE CHANGE

- Understand change
- Build positive support for change
- Deal with resistance to change
- Sustain organizational change

LEARN HOW

RESOURCES
EPIC CENTRAL

- To make sure you're equipped to take full advantage of our EHR, all the information you need to be a meaningful user of the EHR is here on Epic Central.

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NEWSLETTERS

JUNE 2014

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JUNE 2014
For The Physicians of John Muir Health

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Physician News

CHIEF OF STAFF MESSAGE

Expedition Behavior



Johannes Peters, MD
Chief of Staff, Walnut Creek

The month of May is the most popular time to climb Mount Everest. This time allows for milder temperatures, thereby avoiding the summer storms and frigid winter weather. This year, a 17-year-old Australian girl is attempting to be the youngest Australian to summit. Unfortunately, she may not get the opportunity. Tragedy struck this year when an avalanche killed 16 sherpa guides, which may force cancellation of the 2014 climbing season. It has been the deadliest single disaster on the 29,035 foot Himalayan mountain. The last year that no one climbed to the Everest summit was 1974.

Sir Edmund Hillary's first ascent of Everest in 1953 remains one of the 20th century's greatest human achievements and made him famous, a hero, a household name. But for Hillary's journey to succeed he counted on 350 Sherpa porters carrying 10 tons of supplies up and down the mountain for 3 months. He couldn't have done it without them. The sherpas are the unsung heroes, who, with little recognition or glory, dedicate their time and talents to serving a noble cause greater than themselves.

Successful expeditions, organizations and teams across the board, rely heavily on individual members taking on tasks that are in the group's best interest, not necessarily their own interest. In the world of mountaineering, it's called expedition behavior. The term was coined by the National Outdoor Leadership School (NOLS), which has provided wilderness education to thousands of people, including crews of NASA astronauts. Expedition behavior involves putting the group's goals and mission first, and showing the same amount of concern for others as you do for yourself. The following definition was drafted by the NOLS Leadership Education Project in 1996:



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